

Annual Report on Activities of CASH (01-04-2021 to 31-03-2022)

1. Celebration of Women's Safety Day

One Day University Level Program was organised on “**Women and Legal aids and celebration of international Youth day** ”. was organised on August 12, 2021 in presence of Prof. J. J. Vora, Honorable Vice Chancellor, Hemchandracharya North Gujarat University; EC member Shri Harishbhai Chaudhary, Judge, Secretary DLSA, Mr. M. R. Thakkar, Dr. Anand patel, coordinator BBA department and Prof. Sangita Sharma, CASH chairperson, HNGU, Patan at BBA department of HNGU at 11.am.Program started with Prayer of Sarswati, Ma followed by University song



Prof. Sangita Sharma, CASH chairperson, welcomed all the guests by words and explained the importance of the day. She said International youth day is celebrated as an opportunity for governments and others to draw attention to youth issues worldwide. And this is celebrated as concerts, workshops, cultural events, and

meetings etc. Prof Sharma talked about *The Global Report on Ageism* launched by



the United Nations in March 2021 which highlights the many data gaps that exist with regards to ageism against youth. Despite this lack of research, young people continue to report age-related barriers in various spheres of their lives such as employment, political participation, health and justice. On an individual level, these age-related obstacles can deeply impact wellbeing and livelihoods not only during the youth years, but also in adulthood. On a societal level, ageism prevents us from thinking and designing policies and social services that adopt a life-course approach and are fair for all ages. Also i take an opportunity to draw the attention of audience on important issue, regarding why it is important to discuss about the legal aids for women. As women are involved in all type of jobs, from home to professional life, she is facing a number of issues. She emphasised that women should always know about legal aids available to them.

- Shri Harishbhai Chaudhary, EC member, HNGU talked about The theme of International Youth Day 2020 was "Youth Engagement for Global Action". He focused on the ways in which the young people should be involved on local, national, and global levels. He wanted that representation and engagement of youth in formal institutional politics should be enhanced. There is a necessity for the Youth to come together, engage in activities with diverse needs and interests, participate in the decision-making process, and freely express themselves. He asked the student to participate in Govt programs and make small groups and help the old age people including women. He narrated success stories of “Sadbhavna

Trust”run by him. Being popular among students, he asked the students to take pledge to do something good for nation building.

- Shri M R Thakkar, narrated the theme for International Youth Day 2022 as "Intergenerational solidarity: Creating a world for all". He emphasized the need for equal participation of women in these activities. He talked about legal aids available to women. A woman is eligible to apply for free legal aid by virtue of Section 12(c) of the Legal Services Authorities Act, 1987. Everyone is eligible for free legal aid in India who have a annual income of less than the amount prescribed by the respective State Government, if the case is before any court other than the Supreme Court, and less than Rs. 5 Lakhs, if the case is before the Supreme Court, are eligible for free legal aid. Pro bono programs help low-income people find volunteer lawyers who are willing to handle their cases for free. These programs usually are sponsored by state or local bar associations. Applications are usually processed within 25 working days. In case of urgency, application can be processed within 10 working days. For filing this, State Legal Services Authority. High Court Legal Services Committee situated at High Court Complex in every High Court for High Court cases. District Legal Services Authority situated in the District Courts Complex in every District can be approached. He said that The Constitution provides many protection women rights such as Protective discrimination in favour of women, Right of women against exploitation, Rights of women under directives, Right to freedom of women and political representations of women. Some of the important legal provisions related to women in India are Dowry Prohibition Act, 1961, The Medical Termination of Pregnancy Act, 1971, The Contract Labour (Regulation and Abolition) Act, 1976 and The Equal Remuneration Act, 1976.
- Presidential Address was given by Prof. J. J. Vora, Honorable Vice Chancellor, Hemchandracharya North Gujarat University, Patan, he congratulated youth on international youth day and advised them to take part in nation building and make India Atam Nirbhar. There are ways by which you can help and change the course for women's rights, some of them are Raise your voice, become a Volunteer, become fund raiser, Donate to women's movements and organizations, and advice near and dear ones. He said women should become self reliant and self sufficient.

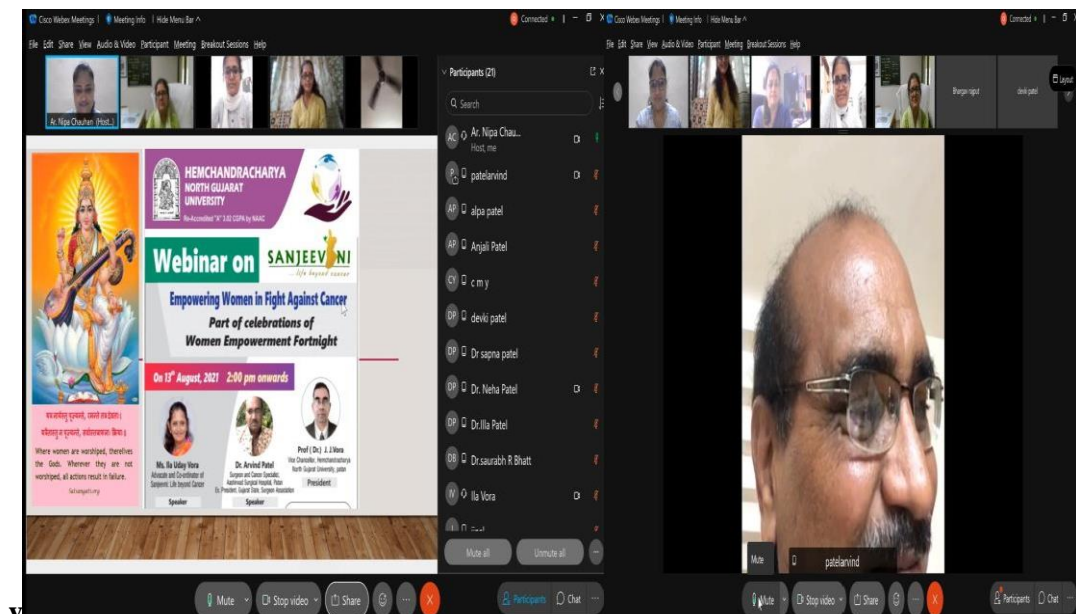
In this program, there were 120 participants. Amongst participants, there were graduate, postgraduate students, Ph. D students, teaching and non teaching faculty from campus..

Vote of thanks was extended by Dr. Anand Patel and the program was anchored by Dr. Ridhi Agarwal.

2. Health Sensitation awareness program

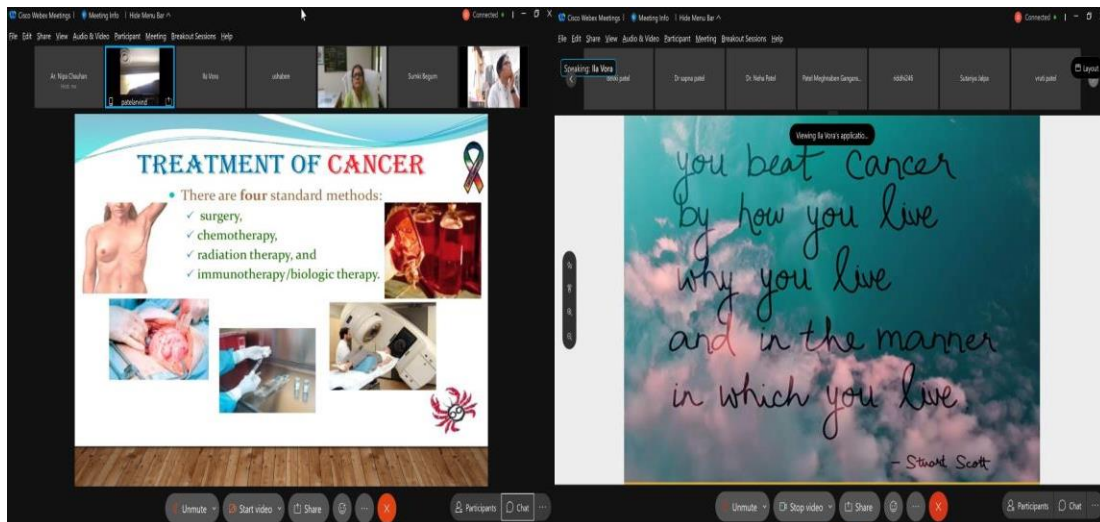
A one day webinar on **Empowering women in fight against cancer** as a Part of **Celebrations of Women Empowerment Fortnight** was celebrated online on August 13, 2021 using WEBEX platform jointly with **Sanjeevini – life Beyond Cancer**, Ahemadabad

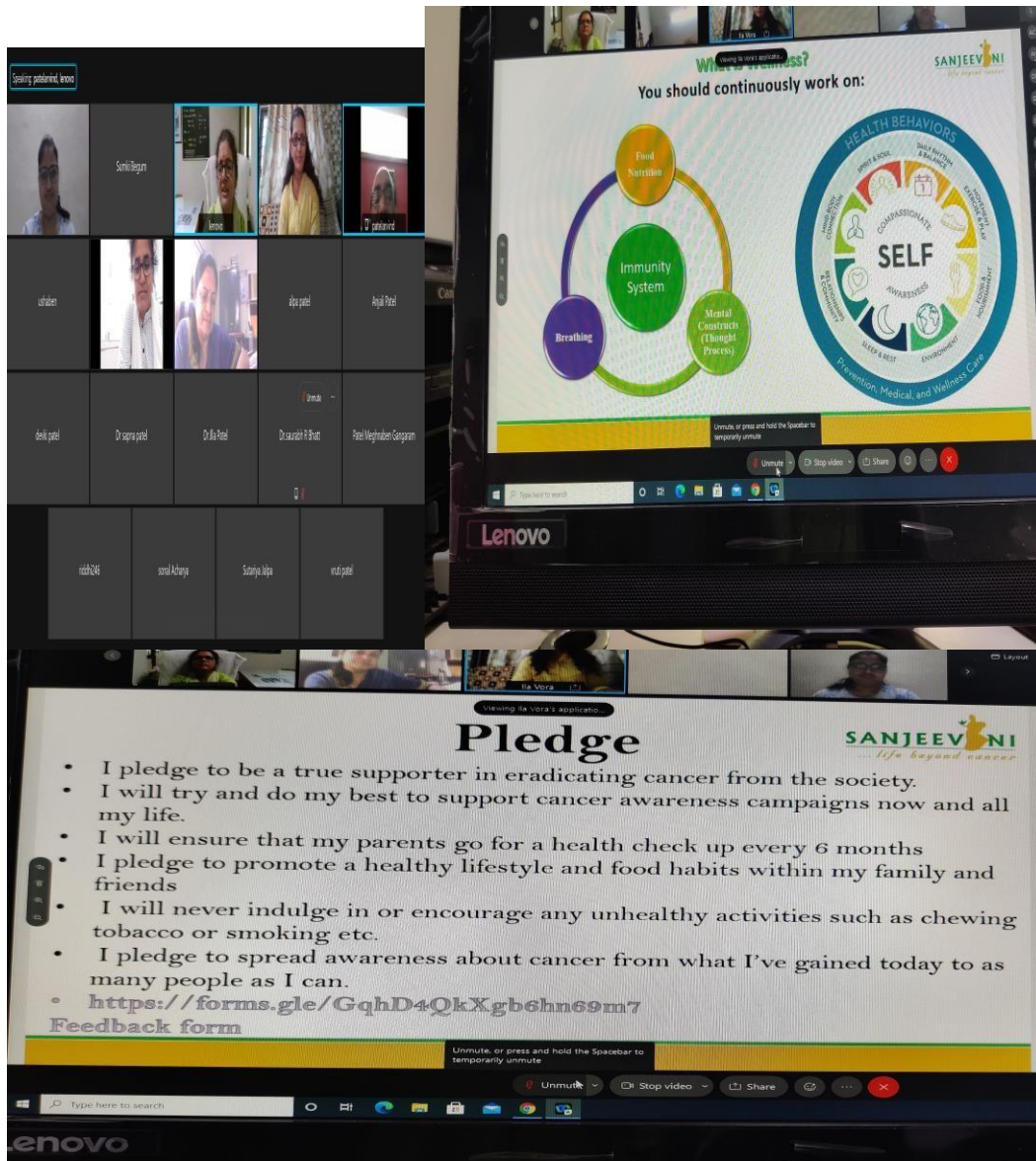
- After small prayer online the program started with welcome speech by Prof. Sangita Sharma. She emphasized on need and selection of title of the webinar in present context.
 - Dr. Arvind Patel, Surgeon and cancer specialist, Ashirvad hospital , Patan was chief guest of webinar and keynote speaker. According to him, Cervical cancer is ranked as the most frequent cancer in women in India. India has a population of approximately 365.71 million women above 15 years of age, who are at risk of developing cervical cancer. The current estimates indicate approximately 132,000 new cases diagnosed and 74,000 deaths annually in India, accounting to nearly 1/3rd of the global cervical cancer deaths. Indian women face a 2.5% cumulative lifetime risk and 1.4% cumulative death risk from cervical cancer..



Five main types of gynecologic cancer are: **cervical, ovarian, uterine, vaginal, and vulvar**. A sixth type of gynecologic cancer is the very rare fallopian tube cancer. Of all the gynecologic cancers, only cervical cancer has screening tests that can find this cancer early, when treatment can be most effective compared to other types of cancer (like breast or colon cancer), gynecologic cancers are uncommon, all women are at risk for developing gynecologic cancers, and the risk increases with age.

Some of the symptoms are Abnormal vaginal bleeding Unexplained weight loss, Vaginal discharge colored with blood Constant fatigue, Loss of appetite or feeling full all the time, Never hungry, Pain in the pelvis or abdominal area, Persistent indigestion or nausea, breast changes. Some of precaution is Pap test and an HPV test (co-testing) every five years, HPV test alone every five years, Pap test alone every three years





- **Mrs. Illa Vora**, Advocate and coordinator of Sanjeevani –life beyond cancer and She introduced Sanjeevani...Life Beyond Cancer as an award winning registered Public Trust, is a special purpose organization. It is working in the field of creating awareness for prevention and early detection of cancer and providing care, counseling and rehabilitation to persons fighting cancer. Sanjeevani’s charter is to raise the bar of Cancer Care in India with single minded focus on navigating patients from Dis-‘ease’ to Wellness. Sanjeevani works with patients predominantly from the weaker sections in association with Super Specialty Regional Cancer Hospitals. All activities by Sanjeevani are provided to patients free of cost. Sanjeevani Counselling & Rehabilitation Centre’s operate in Super Specialty Cancer Hospitals designated as Regional Cancer Hospitals at Mumbai,

Nagpur, Wardha, Ahmedabad, Bikaner, Jaipur, Kolkata, Puducherry, Surat, Rishikesh, Bangalore, Delhi, Goa and Guwahati.

Just as cancer treatment affects your physical health, it can affect the way you feel, think, and do the things you like to do. It's normal to have many different feelings after treatment ends. Just as you need to take care of your body after treatment, you need to take care of your emotions. Each person's experience with cancer is different, and the feelings, emotions, and fears that you have are unique. The values you grew up with may affect how you think about and deal with cancer. Some people may feel they have to be strong and protect their friends and families. Others seek support from loved ones or other cancer survivors or turn to their faith to help them cope. Some seek help from counselors and others outside the family, while others don't feel comfortable with this approach. She said that Whatever you decide, it's important to do what's right for you and try not to compare yourself with others.

- Presidential Address by given **Prof. J. J. Vora**, Honorable Vice Chancellor, Hemchandracharya North Gujarat University, Patan. After showering blessings to participants, he said that in campus most of the departments have more female students than male. Look for the positive side even in hard times of bad health of our dear ones. Sometimes this means only looking for the good even in a bad time or trying to be hopeful instead of thinking the worst. Try to use your energy to focus on wellness and what you can do now to stay as healthy as possible.. University is doing and will be in future also always ready to address any issues relevant to females in the interest of society.

Vote of thanks was extended by Dr. Smita Vyas. The program was anchored by Dr. Ridhi Agarwal.. There were 250 participants and speakers.

3. Celebration of International women's Day

A state level seminar was organized by CASH on March 11, 2021 on title **Gender equality for sustainable tomorrow** along with celebrations of International women's Day in Kilachand Rang Bhavan at 11.00 am in presence of by Honorable V. C, Prof. J. J. Vora, Shri Neelam Didi ,Bhramkumaris Patan, Dr. Padma Hirapara, HOD anatomy department, GMERS Dharpur, Dr. Mohit Thakaral, Dr. D.M. Patel and Prof. Sagita Sharma.

In the inaugural function after competition of all formalities like Prayer, Lightening of lamp, floral welcome, a worldly welcome of guests and aims and objectives of one day seminar were elaborated by Prof. (Dr.) Sangita Sharma, Chairperson of CASH.

- **Dr. J. J. Vora**, Honorable VC HNGU was present as President and as head of our institution. Gender Equality as an integral part of our organizational and many departments has 50% staff as females. Overall admissions also show girls out number boys in all most all departments of the campus.. Among 2300 organizations surveyed worldwide, studies indicate that females hold just 18% of the senior leadership roles as compared to an overpowering 82% of males in high-ranking capacities. This Gender parity in actual and can affect the growth of an organization if not addressed at the right time and in the right way. The concern shouldn't just be limited in the direction of addressing Gender Equality at senior levels of an organization, but towards making more women to join the workforce and making policies on how they can continue their employment.



- **Dr. Hirapara**, HOD Anatomy Department GMERS, Patan said that Women usually tend to continue their employment at an organization where they feel they can connect to the nature of its work, a place where they feel they can make a difference. If a woman is skilled enough to perform her job perfectly and feels connected to the work, then there is no reason why she will choose to discontinue her job. As far as safety is concerned both male and female are equally responsible. Gender equality

and the empowerment of all women and girls is not only an explicit goal under the 2030, Our Agenda should be as a driver of sustainable development in all its dimensions, from ending poverty and hunger, promoting prosperity and inclusive growth and building peaceful inclusive societies.

- Shri Neelam Didi ,Bhramkumaris Patan, delivering keynote speech said that professions women has conquered all from sea to sky. By Raj yog meditation we can Gain freedom from Anxiety and Stress, Improve Personal Relationships, Create a Sense of Well-Being, Enhance Memory and Concentration, The mind becomes more clear and focused, Overcome Negative Habits, Improve Quality of Sleep. We can recharge with Raj yog meditation. She called on all mothers to nurture future generations and save societies. he Face of the Shakti ('woman of power') holds the secret key that unlocks the door to authenticity, beauty and power – to freedom. It sees the limitations of tradition but has the capacity to take responsibility and reclaim power, resurrecting the essence.
- Dr. Mohit Thakral, Ayurvedic consultant, Pathervada said that A time-tested system for achieving health and happiness while balancing the demands of the modern woman's lifestyle. Ayurveda is Life, Health and Longevity. It provides practical advice on exercise, sleep, diet, beauty care, meditation and massage..In today's fast-paced world, Ayurveda provides a way for women to live their lives more simply, more naturally, and more contentedly. Women's roles in creating adnd sustaining balanced, healthy lives for themselves and their families . The 5,000-year-old science of Ayurveda identifies different physiological and psychological make ups and explains the lifestyle, diet, and environment most conducive to well-being for each. Ayurveda, India's "science of life," is particularly ideal for healing and empowering the female body, mind, and spirit. Ayurveda for Women explores in detail the landmark changes associated with the three stages of life--childhood, adulthood, and old age. Ayurveda could be the answer many women are seeking.
- Dr. D.M.Patel, Registrar of university, women have to make their ways themselves. Stand by their side. Also to establish themselves to prove their worth is important. Duties and rights should move side by side. How much women can contribute in what way and how?. These questions are to be decided and answered by women themselves.

Singing Competition: There were 21 participated and judge for the competition was Ms. Rupal P.Vyas and Ms. Krupa B. Pandya, two faculties from Non teaching section. Prizes were given as First prize to Patel Urvi. V.from LLM, second Prize for Praniti Sharma, MBA, Tushar - Department of Chemistry, Secon prize to Tushar D. Prajapati – MSC-IT.

Dance Competition: There were 10 participated and judge for the competition was Ms. Rupal P.Vyas and Ms. Krupa B. Pandya. Prizes were given as First prize to Trevidi jinal, – MSC-IT , second Prize for Patel nikisha from BBA, MBA, Aapana Thakkar Department of english.



- **WOW- Wonderful outstanding women Awards**

Many girls from the campus participated in WOW- Wonderful outstanding women Awards-2020 for different achievements.

i. Ms. Heena Valani department of Law, during second covid-19 wave, she burnt 450 dead covid infected bodies with Hindu rituals. She also provided tiffin service at hospital for 02 months for coron infected people.

ii. Ms. Vaishalli Jinderbhai for writing a book Samaj ni samjan sambhandani samjvatna kinara sudhi from law department.

iii. Ms. Hetal Thakkar for actor in 3films, 4 tally films, 22 video albums, 6 advertisements, 10serial, 05 photo shoot for magazines from law department.

iv. Patel Urvi jitenderbhai, 03 album for songs and 04 awards from law.

v. Ms. Heena V. Desai for essay competition 2nd award and best student award from law.

vi. Ms. Thakkar Nisha Jamnadas, Best student and elocution competition.

vii. Trevidi Jinal Brideshe Kumar, First in district level in Bharatnatyam.

Two senior ladies Ms. Sandhyaben Pradhan for women upliftment in Patan district and Ms. Ushaben Buch for social services were given WOW award for women empowerment their contribution to the society and university.

In this program, there were 340 participants. Amongst participants, there were graduate, postgraduate students, M. Phil., Ph. D students, teaching and non teaching



faculty from university campus, other associated colleges of HNGU. The students were from various departments and the faculties from science, commerce, arts, law etc.

4. Gender sensitization Program for Selection of Gender Champions

On March 26, 2022 at 11.00 am in department of chemistry , a program on “Gender Equality and Role of Gender Champion” was organized. Power point presentation was shown to students who voluntarily took part in it. There were 78 students in the program .



A letter in June 2020, with reference to D.O. No. I 8-26/201 s-UI A, Dated the 8 July, 2015 and 2020 was received regarding selection of Gender Champions with Nodal Officer Prof. sangita Sharma. In coordination with CASH, it was discussed for the selection of Gender Champions in the campus following UGC guidelines as given on website. As per UGC Guidelines and key points for Gender Champions selection are given under

Introduction

India is home to around 232 million individuals aged 15-24 years, who account for 19.15% of the country's population. Engaging with these young students is crucial to help them critically assess notions of masculinity and question prevailing gender inequities. We need to tap into the goodness and sense of justice of these young minds to give them tools for maintaining those gifts as they encounter people and experiences that are different from their own. It is a joint initiative of the Ministry of women and Child Development and Ministry of Human Resource Development.

Objective:

The broad mandate of a Gender Champion is to provide an integrated and interdisciplinary approach to understanding the social and cultural constructions of gender that shape the experiences of women and men in society. The aim is to make

the young boys and girls gender sensitive and create positive social norms that value the girls and their rights.

Eligibility Criteria of Gender Champion

- i. Gender Champions can be any student above 17 years of age
- ii. Should be enrolled and regularly attending in any University campus Department.
- iii. She/He must have secured minimum of 60% marks or equivalent grade in last/ Previous Semester Examination of UG/PG.
- iv. Excellent oral, written and presentation skills
- v. Excellent understanding of the socio-cultural issues and prevailing gender norms and practices
- vi. Students' enrollment for this championship must be through the proper channel.

. Roles and Responsibilities of a Gender Champion

- i. Provide overall guidance to the peer group in integrating /mainstreaming gender in all activities of the Institution in the form of focused group discussions, debates, poster competitions etc.
- ii. Engage a variety of stakeholders from the school, college, civil society organizations, women's groups and media in gender mainstreaming activities.
- iii. Identify gaps in school/college's activities vis-à-vis gender, and make recommendations on how to address these gaps, e.g., observe classrooms to detect bias in interactions
- iv. Promote Gender Champion Club in their educational institutions and undertake innovative activities, like creating a website or blog on gender equity and regularly writing an equity column on issues on, e.g. untold stories of extraordinary boys, girls and transgender who changed lives of women and girls, about enabling legislations, government schemes or about finding a new Gender Champion in his/her educational institution, or competitions to analyze greeting cards from gender perspective, organize film fest on gender equity etc.
- v. Organize awareness programmes on various gender issues including legislations to influence behaviour change. This could be facilitated through workshops, theme based plays, films, painting competition, etc.
- vi. Organize the school annual function or the college fest on theme of gender equality and women's empowerment and encourage students to sign up and

express their support for gender justice and equality in attractively designed Gender Champion booths.

- vii. Organize exposure visits to various public service institutions at the village, block, district and city level (public health centres, hospitals, post offices, banks, police stations, block office, SDM/DM office to facilitate knowledge about gender issues as they affect diverse populations.
- viii. Popularize phone numbers of such services as police helpline, women helpline, hospitals among students.
- ix. Arrange for providing necessary life skill education and information/guidance about existing public services to their fellow students.
- x. Demonstrate knowledge of important Government schemes, events, legislation, and court rulings which has a major impact on the treatment and experiences of diverse groups.
- xi. Document best practices to measure the extent of behavior change and display the same through exhibitions, fests, annual magazines etc.

Selection Process

- i. The student who want to participate in gender champion competition has to apply through proper channel in prescribed application form. The application form should be dually signed and filled.
- ii. Interested students has to attend a workshop/seminar arranged by university and will be awared about socio-cultural issues and prevailing gender norms and practices.
- iii. All Students shall have to participate compulsory in workshop/ seminar as decided by organizers for being selected as gender champion. They have to appear in a written test and have to secure atleast 40% marks. Students who has secured 40% marks shall be considered as qualify standard for second round ie Presentation round.
- iv. Those students who get 50% marks in presentation will be qualify for the final round i. e. Debate Round.
- v. In debate competition final winner will be selected as Gender Champions (one male and one female) of HNGU Campus.
- vi. In selection of Gender champions, Decision of the selection Committee will be final.



After taking MCQ test and power presentation and Debate competition, Ms Dhara Joshi from Chemistry department (boy gender champion) and Mr. Thakkar Jay P. from M. sc. &It (boy gender champion) were selected as Female and Male gender champion. Judge in power presentation and Debate competition was Dr. Nimesh Bhojak, assistant Professor, hospital management, HNGU.
