

# Annual Report on Activities of CASH (01-04-2017 to 31-03-2018)

## 1. Celebration of Women Safety day



Since 2015 Govt of Gujarat has initiated a fortnight celebrations to emphasise on various aspects of Women Empowerment, These celebrations are to be performed from August 1, 2016 to August 14 of every year. To be part these celebrations, on August 1, 2017 was celebrated as **women safety day** with title “**Role of police and women safety**”. This Program was jointly organised by CASH, Patan Police Station and D.L.S.A., Patan in Girls hostel of HNGU, Patan.

The program was inaugurated by. Shri V. J. Gadvi, Judge, Patan District and Secretary DLSA. Who was chief guest of the program. The guest of honour of the program was Mrs. Sanddyaben Pradhan, Senior advocate, District court, Patan. Other respectable guests from

police department were PSI Ms Ashaben Chaudhary, PSI Dodiyaaben, Constable Kamaniben, Ms. Sarojben Ravan and Bhaveshbhai.

President of the program was Mrs Shardaben Prajapati, first lady of HNGU, Patan.

The participants were girl students from different departments of our university. 150 students participated in it.

- Prof. (Dr.) Sangita Sharma, Chairperson CASH welcomed all the guests with words and raised a very common question before both legal and police authorities. Are women safe? Where are women safe? If not, who is responsible for it?
- Shri V. J. Gadvi, Chief Guest of Function and Secretary, District legal service authority explained how girls can make use of DLSA services and help other women in the society to face the challenges. Women should help other women in all respects and how students can approach the DSLA. Without going to police station many social and societal problems can be solved in mediation centre. He elaborated that society and women themselves are responsible for the difficulties they are facing. Mind set of society and women is playing a great role because both are still believing, living in and following backward old societal traditions. He gave number of examples to support his view point.
- Ms. Sandyaben, Guest of honour and advocate informed about proper rights and women. She advised girls be humanitarian while dealing with laws. She also gave information about role of POSCO in child welfare. She alerted that laws are for benefit of women and should not be misused.
- Constable, Ms. Kamaniben highlighted the importance of 181 helpline and its application. She gave first hand demo showing with mobile app, how 181 can be called at any time for the help. She said that this helpline gives verbal and legal advice regarding any abuse that women are facing at any time, even for domestic violence or dowry etc.
- Ms. Sarojben Ravan from police department used simple and lucid language to define the role police in women protection and counselling in different matters.
- Dr. Smita Vyas extended the vote of thanks to all distinguished guests for sharing their views.

All the hostel wardens Ms Hetal Prajapati, Ms Pushpaben and Dr. Nishaben Patel, Rector Hostel, were supportive throughout the program.

Dr Ridhi Agarwal anchored and handled the entire program.

## 2. Celebration of women welfare Day



One day program on women welfare day was celebrated at Department of BBA in studio on August 09, 2017.

- Chief Guest of function was Artiben Vyas, Mamlatdar and in charge disaster management, collector office, Patan. She gave many examples from day to experience regarding issues where of women need support for their welfare. She also said that women should remain united and think welfare of each of us.
- Dr. Apurvaben Patel, Drugs inspector, Mehsana was special guest of program. She also spoke regarding many schemes and areas which should be taken care of, for welfare of women. She asked a simple question to all of us, can't we take of all of us when we are creators of mankind.
- Ms Amita shah, CA and tax consultant, Patan was guest of honor in the program. According to her women should fight out for their welfare. Women should work for building of society and family but should not sacrifice everything for others. Her personal existence is also important. Financial independence is very essential for women to have her say in family and society. So work hard to be in line with global developments.
- Ms Usha ben Buch, Social activist from Patan gave information about Govt. of Gujarat schemes for medical assistance to women for their welfare.
- Shrimati Shardaben Prajapati, first lady of university was President of the function.



- Prof. Sangita Sharma, CASH chairperson, welcomed all the guests by words and explained what does welfare of women mean and gave consolidated list of schemes initiated Gujarat Govt. for the welfare of the women.
- Guests were welcomed buca by Dr. Smita Vyas and vote of thanks was also given by her.
- The 150 participants were students from different departments of the campus. The program was well anchored by Ridhi Agarwal, Faculty of BBA and managed by students of BBA. Dr. Jay Trivedi, Ms. Payal Barot, Dr. Hemat Patel were special invite in the program.

### 3. One Day State Level Training Program



On September 6, 2017, One Day State Level Training Program on HUMAN RIGHTS was organized at Department of Hospital Management, Hemchandracharya North Gujarat University, Patan. This program was sponsored by National Human Rights Commission (NHRC), Manav Adhikar Bhavan, New Delhi-110 023.

- **Objectives of Training Program**
- To spread awareness about the human Rights among students of the university.
- To develop a mind set among students to consider human rights at priority basis
- Constitutional safeguards in human rights protection.
- Understanding of violation human rights, as it involves a range of behaviors.
- Role of judiciary in handling human right cases.

- Role of police in handling human right cases.
- Facts and figures on human some right cases.
- To uphold the commitment of Universities and educational institutions to hold such workshops

- **Topics of Discussion**

- Training Program will cover following topics relating to Human Rights
- Introduction to Human Rights
- Composition and function of NHRC/SHRCs
- Human Rights Institution in India
- Rights of Women and Children
- Child Labor Issues & SC/ST issues
- Rights of other Vulnerable groups

- **Activities in Training program**

*Inaugural Function*

Inaugural function was graced by Honourable vice chancellor Hemchandracharya North Gujarat University, Patan, Prof. (Dr.) B. A. Prajapati, who was also president of the function. In Inaugural function key note addresses was given by Prof. J.U. Nanavaty, Principal law college Patan, The inaugural function was organized in presence of Dr.J.U. Nanavaty, Principal law college Patan, K. K. Patel, Head of Department of Hospital Management, HNGU, Patan and Prof. (Dr.) Sangita Sharma, Chairperson CASH, HNGU, Patan

In the inaugural function after competition of all formalities like Prayer, Lightening of lamp, wordily welcomes, floral welcome, there was an address by president of the function.

- A worldly welcome of guests and aims and objectives of training program were elaborated by Prof. (Dr.) Sangita Sharma, Chairperson of CASH.
- Prof. (Dr.) B. A. Prajapati, Honorable vice chancellor Hemchandracharya North Gujarat University, Patan, said that it is prime need that students should be aware of their rights as given by the constitution. Also rights should be also linked with duties. As per him if duties are performed in word as well in spirits then number amendments in the laws will not be required. He emphasized on the need of various articles and their inter linkage in explaining the human rights.

*Sessions*

Then there were four sessions by eminent speakers of the day who spoke on the subject related to **Human Rights**.

1. **Dr. J.U. Nanavaty**, Principal law College Patan, Dean faculty of law and Ex. member of EC, shared his experience of 25 years in teaching human rights and

- explained various aspects of human rights starting from definition of human rights, Constitutional provisions, Universal Declaration on Human Rights, 1948 International Covenants regarding Human Rights.
2. Second session was handled by **Dr. Vikas Gandhi**, Associate Professor, Gujarat National Law University, Ahmedabad. He spoke on Protection of Human rights Act, 1993, with number of practical examples. He had direct contact with participants and gave day to day examples, how human rights are violated. How violation by one person gives short gain of human right of other person.
  3. Third speaker of the day was **Dr. Dimpal T. Raval**, Head, Department of law, Raksha Shakti University, Ahmedabad. Madam talked about Elimination of All Forms of Discrimination against Women 1979 and its optional protocols. She also gave idea why society needed human rights, and may be in future we may have more human rights protection laws in future. As awareness increases demands also increase.
  4. **Dr. Rajul V. Desai**, Principal, Law College Deesa and Director, Gujarat state commission for protection of child rights, Gandhinagar. She spoke on Protection of child rights, women rights and role of law to protect unprivileged.
- Last session was valedictory and experience sharing session in which number queries were raised by participants and their solution was given by speakers. In this program, there were 130 participants. Amongst participants, there were graduate, postgraduate students, M. Phil., Ph. D students, teaching and non teaching faculty from university campus. The students were from law, chemistry, architecture, commerce, computer science, life science and physics. Program was graced by Dr. Smita vyas, Dr. Iia Patel, Dr. Neha Patel , Ms. Ushaben Buch, Dr. Mitul Deliya(controller of examinations), and Hemantbhai Patel.

Vote of thanks was extended by Dr. Kinjal Jani, Assistant Professor Hospital management and whole program was anchored by Dr. Ridhi Agarwal and students of chemistry department.

The program was over after singing national anthem.

#### 4. Awareness Program



Campus awareness programs were conducted for our UG and PG students between 04-01-2018 to 20-02-2018. For that purpose Prof. Sangita Sharma, Dr. Smita Vyas, Dr. Ila C. Patel, Dr. Neha Patel visited various campus departments with prior permission of HOD of department and all students present over there were made aware about capacities and working of the CASH.

#### 5. Program on Art of living





On January 3, 2018, a program on art of living was organized in girl's hostel of our university. This program was conducted by trainers from Art of living organization established by Padam Vibhushan Awardee, Guru Shri Ravi Shankar. Trainers demonstrated various techniques by which positive attitude can developed and negativity can be removed from us. Students were taught how they can increase their concentration, retention and reproduction of data during exams. How positivity can help us to raise our level and lead to achieve goals. They also explained many ways of yoga to help girls to maintain good physical and mental health. Trainers were Dr. Rutvaben shah, Medical officer, Dhapur medical college, Patan and Bhavaniben Thakkar, Yoga Guru. 120 girls participated in the program. Team of CASH Members, Prof. Sangita Sharma, Dr. Smita vyas, Dr. Ridhi Agarwal and all hostel staff members, namely Dr. Nishaben Patel, Ms Hetal Prajapati, Ms Pushpaben were great support in the program.

## 6. One Day State Level Program



One Day Program On “Healthy Woman is a Beautiful Woman & Celebration Of International Women’s Day” on 13<sup>th</sup> March, 2018 in Department of Hospital Management, Hemchandracharya North Gujarat University at 11.00 a.m. The inaugural function was organized in presence Prof.B.A.Prajapati as President of the function, two doctors Dr. Nitin



Chatraliya Dr. Harsh Vyas were special guests in the program and Dr. Andrews Liggy and Smt. Darshana Patel were guest of honors in the program.

The program started with prayer to Almighty followed by University song which was sung in honor of university. A worldly welcome of guests was showered by Prof. (Dr.) Sangita Sharma, Chairperson of CASH. She also and justified the topic of the program and emphasized that to look beautiful is right of every woman and to be beautiful she should take care of her health.

After floral welcome by buckeyes and mementos, the activities of this cell were highlighted by Dr. Smita vyas.

- National Bravery Awardee, Ms Samrithi Sharma from Patan, being a girl and daughter of HNGU family was honoured by honourable Vice chancellor. She shared her journey how she got injured protecting herself in robbery act, how society handled it and finally she was chosen for National bravery award 2017 was awarded it was honorable Prime ministered of India on 26 January, 2018.
- In presidential address, Prof. (Dr.) B. A. Prajapati, Honourable vice chancellor Hemchandracharya North Gujarat University, Patan, said that it is high time all students should be concerned of their health because young generation is consuming more and more junk food. Women being controller of kitchen need to be concerned as far as their health and health of family is concerned. No doubt Cosmetics play a role only enhancing external beauty of a person but a healthy person is really beautiful. Health is wealth and healthy person will be certainly a beautiful person. Women are more beauty conscious so it is expected that should be health conscious also.
- Vote of thanks was extended by Dr. Ridhi Agarwal and at the end of inaugural function national anthem was sung. There were four sessions





1. **Dr. Nitin Chatraliya**, Cosmologist explained that beauty of skin is important so as to. Increase the confidence and enhance personality. Natural beauty should always be welcomed and to sustain it everyone should take care daily routines, eating habits, sleeping habits and should do exercises. Being a cosmologist, he gave many medical tips to enhance beauty of various body parts. Even he discussed financial aspects of various techniques to be used. Aging leads to many skin problems, how to undergo aging gracefully was also discussed by him.
2. **Dr. Harsh Vyas**, Dentist from Patan was one of the guests who gave detailed account of the teeth and mouth and explained that teeth play a major role in enhancing beauty of person. Not only women everyone wants to look good and beautiful. He gave a number tips to protect our teeth and how shining in teeth can be maintained. Dental surgery can change the shape of face and total looks of a person.
3. **Dr. Andrews Liggy**, Professor in Dharpur medical college, Patan talked on role of physique and mental stability to maintain beauty of a person. According to her beauty has nothing to do with color and looks. It is overall body language that makes a person beautiful, in which emotions and thoughts play important role. The positive and stable mind has beautiful shining faces with shining eyes.
4. **Smt. Darshana Patel**, A Yoga teacher from Art of living was the last speaker to talk on the topic. She involved all the participants and demonstrated that how can you come out of low moments simply following small yoga tips. Yoga purifies internal and external health. Healthy mind lives in healthy body and beautiful mind leads to beautiful body.  
In afternoon session, two competitions 1. Slogan competition and 2. Extempore were organized on topic "Healthy Woman is a Beautiful Woman". Ms Sandhyaben Pradhan and Ms Ushaben Buch were two judges who evaluated the competition and declared three winners in each competition.



In Slogan competition 20 students participated and followed result was declared.

First Prize: (1) Desai Nidhi P. from Department of Hospital Management

Second Prize: (1) Patel Rinku D. from Department of Life sciences

Third Prize: (1) Ninama Dharmik G. from Department of Hospital Management

In Extempore competition 15 students participated and followed result was declared.

First Prize: (1) Sindhi Twinkal M. from B.B.A Department

Second Prize: (1) Patel Charmi J. from Department of Life sciences

Third Prize: (1) Shah Shainik D. from Department of Law

The program was handled by Hospital management students. All CASH members and Ms Kinjal Jani, Ms. Kesha Patel, were present as supportive to program. All winners were awarded shields and certificates assigning first, second and third rank by judges and others were given participation certificate. The program was attended by 150 students.